

## **ARTICLE 49-02**

### **EDUCATIONAL REQUIREMENTS FOR LICENSURE**

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#### **CHAPTER 49-02-01 GENERAL EDUCATION REQUIREMENTS**

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##### **49-02-01-01. Hours of instruction.**

1. To be eligible for a license as a massage therapist, an applicant must present a diploma or credentials issued by one or more schools of massage which indicate a cumulative total of seven hundred and fifty hours of supervised instruction as determined under this article, or a total of five hundred hours for students who were enrolled in a school of massage on or before April 8, 1999.
2. As used in this article, a "clock-hour" or hour of classroom or practical instruction means a sixty-minute block of time consisting of a minimum of fifty minutes of instruction with appropriate breaks.
3. The instruction received by the applicant must cover the elements of massage therapy, technique, and practice which include gliding strokes, kneading, direct pressure, deep friction, superficial warming techniques, percussion, compression (pumping), vibration, jostling, shaking, and rocking.
4. The instruction received by the applicant must include elements of contraindications, benefits of massage, universal precautions, body mechanics, business, history, ethics, legalities of massage, and professional standards regarding draping and modesty.
5. This article does not apply to applicants who were enrolled in a school of massage on the effective date of this article.

**History:** Effective January 1, 2001.

**General Authority:** NDCC 28-32-02, 43-25-07

**Law Implemented:** NDCC 43-25-07

**49-02-01-02. Location of instruction.** The education requirements in this article may be satisfied by instruction provided at a single school of massage or by attendance at more than one school, as long as the hours of total instruction provided to the student are not redundant and satisfy the other requirements in this article. An applicant shall submit a diploma or other credentials from each school attended.

**History:** Effective January 1, 2001.

**General Authority:** NDCC 28-32-02, 43-25-07

**Law Implemented:** NDCC 43-25-07

**49-02-01-03. Eligible instruction.** Unless waived by the board for good cause, instruction must be provided within the five years immediately preceding the date of the license application to be counted toward the total hours of instruction.

**History:** Effective January 1, 2001

**General Authority:** NDCC 28-32-02, 43-25-07

**Law Implemented:** NDCC 43-25-07